



Frank & Gino's

訪客一張准由下列
日期起逗留 90 天
VISITOR - Permitted to remain
for ninety days from date
of entry shown below

HONG KONG
13 APR 1960
IMMIGRATION (#857)



Let's Get It Started

Onion Blossom

A fresh colossal onion cooked in our secret batter and artistically cut into a crispy blossom of fingers for sharing. Served with our signature dipping sauce. **14.95**

Frank's Potato Chips

Loaded with mozzarella and cheddar cheese, smoky bacon, tomatoes and green onion. Served with our spicy sour cream. **16.95**

Coconut Shrimp

Eight golden, sweet & crisp shrimp. Served with Sweet Thai sauce for dipping. **13.45**

Boneless Wings

Half a pound of white meat, breaded, boneless chunks of chicken tossed in choice of sauce. **14.95**

Salads & Bowls

ALL FULL-SIZE SALADS & BOWLS ARE SERVED WITH A FRESH BAKED GARLIC LOAF

Caprese Salad

A nice starter of mixed greens, fresh mozzarella, tomatoes and fresh basil pesto vinaigrette. **7.95**

Chipotle Chicken Salad

Spicy grilled chicken atop a bed of mixed greens, cucumbers and tomatoes, drizzled with our smoky chipotle dressing and sprinkled with a blend of cheeses and crunchy tortilla chips. **19.95**

Grilled Chicken Caesar

A grilled chicken breast is served atop this classic mix of romaine lettuce, real bacon bits, seasoned croutons and creamy garlic Caesar dressing. **18.95**

Caesar Salad

Full **12.95** Small **6.95**

Greek Salad

Full **14.95** Small **7.95**

Spinach Salad

Full **14.95** Small **7.95**

Italian Sausage Soup

Freshly prepared tomato & herb soup filled with mild Italian sausage, hearty garden vegetables, beans and noodles. **8.95**

Sweet Chili Thai Chicken

Crispy, breaded chicken tossed in a Sweet Chili Thai sauce with fresh seasonal vegetables. Served on a bed of rice. **20.95**

Maple Curry Chicken

Grilled chicken and baby spinach in a creamy maple curry sauce over rice. **20.95**

Gino's Jambalaya

Chicken, Shrimp and Italian Sausage in a Cajun Louisiana sauce with bell peppers and onions. Served on a bed of rice. **23.95**

Bacchus Bowl

Rice, black bean, and ancient grain pilaf topped with grilled chicken breast, tomato, cucumber, and mixed greens, and drizzled with creamy chipotle dressing. **20.95**

Classic Wings

Choose from mild, medium, hot, honey garlic, BBQ, Maple BBQ or Chili Thai sauce. 5pc **10.45** 10pc **16.45** 20pc **29.45**

Spinach & Grilled Vegetable Dip

A creamy blend of 4 cheeses, a mix of spinach and grilled vegetables baked and served warm with pita bread chips. **15.95**

Sicilian Arancini

Crispy, Fried Sicilian rice balls stuffed with real Mozzarella and served atop marinara sauce. **12.95**

Bruschetta

Fresh, ripe tomatoes and onions with a blend of herbs and cheese on a garlic and herb flatbread, topped with black olives and a tangy balsamic reduction. **12.95**

Mozza Melts

Crispy bite size bits of tempura breaded mozzarella. Served with our spicy sour cream. **10.95**

Calamari di Gino

One of Gino's favourites! Cooked golden brown and served with our Chipotle mayo for dipping. **14.95**

Grilled Onion Flatbread

Golden brown caramelized Spanish onion with baby spinach on a herb and garlic flatbread, topped with feta cheese, and finished with balsamic reduction. **12.95**

Family Reunion Platter

Garlic & herb cheese bread, mozza melts, potato chips, onion rings and tortilla pizza rolls and dipping sauces. **28.95**

Burgers

MAKE IT AN ULTIMATE BURGER FOR \$4 MORE (DOUBLE THE MEAT, DOUBLE THE CHEESE) SERVED WITH YOUR CHOICE OF SIDE*

Backyard Burger

Certified Angus Beef topped with melted smoked cheddar cheese, crisp bacon, lettuce, tomato, onion, pickle, ketchup, mustard and relish. **19.95**

Frank n' Scents

Grilled handmade Certified Angus Beef burger with crispy onions, jalapeños, cheddar cheese, bacon, lettuce and tomato with maple BBQ sauce and mayonnaise. **19.95**

Caprese Burger

Our made-in-house grilled beef patty topped with fresh mozzarella, sliced field tomatoes, a savoury spring mix, a basil and olive oil purée, pesto mayonnaise, and drizzled with a balsamic glaze. **19.95**

Bayou Chicken Burger

Crispy breaded chicken breast baked with Cajun style BBQ sauce and melted cheese, lettuce, tomato and our signature spicy sauce. **19.95**

The Herbivore

Grilled Impossible Burger patty with tomato, spring mix, red onion and cream chipotle ranch sauce. **16.95**

Sandwiches

SERVED WITH YOUR CHOICE OF SIDE*

Tuscan Chicken Panini

A pressed Italian sandwich served on Schiacciata, with grilled chicken, marinated tomatoes, onions, mozzarella cheese and herb mayonnaise. **17.95**

Philly Steak Sandwich

Thinly shaved sirloin steak, sautéed mushrooms, onions, green pepper and BBQ sauce, topped with mozzarella cheese on a fresh baked garlic loaf. **17.95**

Gino's Donair Sandwich

Gino's spiced donair meat piled on a garlic loaf with onions, tomatoes, sweet garlic sauce and mozzarella cheese. **17.95**

Italian Club

A warm pressed Schiacciata with grilled chicken breast, bacon, crisp lettuce, fresh tomato, herbed mayo and cheddar cheese. **17.95**

Chicken Parmesan Panini

Crisp breaded chicken breast topped with marinara sauce, Parmesan cheese and provolone served on our Schiacciata. **17.95**

Sides

* Seasoned Fries **5.95**

* Baked Potato **4.95**

* Rice **4.95**

* Garlic Mashed Potatoes **5.95**

* Sautéed Vegetables **4.95**

Sweet Potato Fries **7.95**

Loaded Baked Potato **7.95**

Onion Rings **7.95**

Topped Mashed Potatoes **8.95**

Garlic Loaf **2.95**

Flavoured Butter **1.45**



Gino's Pasta Specialties

ALL PASTAS ARE SERVED WITH A COMPLIMENTARY CAESAR SALAD OR ITALIAN SAUSAGE SOUP, AND A FRESH BAKED GARLIC LOAF

Penne Rustica

Italian sausage, bell peppers, red onions, mushrooms and diced tomatoes in a tomato basil sauce topped with crumbled feta cheese. Full **20.95** Small **17.95**

Chicken Carbonara

Fettuccine noodles with grilled chicken, bacon, mushrooms and green onions in a Parmesan cream sauce. Full **20.95** Small **17.95**

Volcanic Linguine

Red peppers, mushrooms and spicy Italian sausage with spicy Al Diavolo sauce. **20.95**

Nonna's Lasagna

Our homemade heaping portion of lasagna—layered with noodles, zesty meat sauce and a three-cheese blend of Parmesan, mozzarella and cottage cheese. Full **22.95** Small **17.95**

Chicken Broccoli Alfredo

Chicken and broccoli sautéed with bell peppers and tossed with fettuccine noodles in an Alfredo cream sauce. Full **20.95** Small **17.95**

Spaghetti & Meatballs

Our made from scratch meatballs are tossed together with our homemade hearty Bolognese sauce.

Full **20.95** Small **17.95**

Shrimp & Scallop Linguine

Tiger shrimp and sea scallops in a rich creamy garlic sauce with tomatoes, mushrooms and green onion. **29.95**

Chicken Parmigiana

Breaded chicken breast oven-baked with marinara sauce, Parmesan sauce and mozzarella cheese, served over a bed of Fettuccine Alfredo. **24.95**

Vegetable Primavera

Broccoli, peppers, mushrooms, red and green onions in a creamy pesto sauce. Full **18.95** Small **15.95**

Asian Pasta Toss

Golden grilled chicken, crisp vegetables and roasted cashews tossed with spaghetti noodles in our own oriental sesame sauce. Full **20.95** Small **17.95**

PICK-A-PASTA **14.95**

Pick your Noodles—Spaghetti, Penne, Fettuccine, Linguine or Rice Noodles

Pick your Sauce—Alfredo, Bolognese, Marinara, Pesto, Rose or Spicy Al Diavolo

Pick your Add-on—Italian Sausage, Grilled Chicken or Tiger Shrimp **6.95** ea. Sautéed Vegetables, Meatballs or Bake your Dish with Cheese **3.95** ea.

Gino's Pizzeria

AUTHENTIC STONE FIRED PIZZA WITH CHEF'S HOMEMADE SAUCE. GLUTEN FREE CRUST AVAILABLE FOR AN ADDITIONAL \$3.95.

Margherita

Homemade pizza sauce, fresh basil and mozzarella on a light and crispy Neapolitan style pizza dough. **15.95**

Classic Canadian

Pepperoni, bacon, mushrooms, green peppers and mozzarella cheese. **16.95**

Quattro Carne

Pepperoni, Italian sausage, Donair meat and bacon with mozzarella cheese. **19.95**

Gino's Donair

Donair meat, sweet garlic sauce, green onions, tomatoes and mozzarella cheese. **17.95**

PIZZA OF THE WEEK

Chef's inspired creation! Ask your server about this week's delicious feature.

Pepperoni Pesto

Garlic pesto pizza sauce with dry cured pepperoni, fresh mozza, diced tomato and basil purée. **16.95**

Pepe Rosso

Garlic pesto butter, red onion, roasted red pepper, baby spinach and Parmesan. Finished with balsamic glaze. **16.95**

Pepperoni & Cheese

Dry cured pepperoni and mozzarella. **13.95**

Pizza Calzone

A huge pizza pocket stuffed with pepperoni, bacon, green peppers, onions, mushrooms and homemade pizza sauce. **19.95**

Donair Calzone **19.95**

Lots of Gino's spiced Donair meat and sweet garlic sauce with onions, tomatoes and mozzarella cheese. **19.95**

Frank's Grill & Seafood

SERVED WITH YOUR CHOICE OF SIDE*

Frank's Legendary Ribs

Slow cooked pork back ribs basted in your choice of honey garlic, original BBQ or Maple BBQ Sauce. Full **38.95** Half **31.95**

Maple Whiskey Salmon

Baked salmon covered with shredded potato, pan seared and served with a creamy maple whiskey sauce. Served with fresh vegetables. **28.95**

Cranberry Chicken

A 6oz boneless breast of chicken dressed in cranberry salsa and served with steamed vegetables. **20.95**

Athenian Steak Medallions

Two 5oz grilled AAA medallions with mushrooms, onions, peppers and feta cheese. **44.95**

Maple Glazed BBQ Chicken

A single 6oz boneless chicken breast baked in a sweet maple BBQ sauce and topped with tomatoes and green onion. Sautéed fresh vegetables served on the side. **20.95**

The New Yorker

A 10oz Center cut AAA New York striploin Certified Angus beef steak is rubbed with our own spice blend and brushed with garlic herb butter. Served with sautéed vegetables. **39.95**

Grilled Salmon

An Atlantic salmon fillet served with fresh soy maple ginger glaze and steamed vegetables. **25.95**

Ribs & Wings

Half a rack of our tender ribs and five wings tossed in your choice of sauce. **35.95**

Chicken Fingers

4 tender chicken fingers sauced and tossed in your choice of wing sauce. **17.45**

Fish & Chips

Prime haddock fillets, beer battered with a local craft IPA and served with seasoned fries, tarter sauce and fresh lemon. 1pc **13.95** 2pc **16.95**

Paloma's Perfect Poutines

Cranberry Chicken

Crisp fries topped with chicken breast, cranberry salsa, poutine gravy and cheese curds. **11.95**

Donair

Crisp French fries topped with donair, diced tomato, green onion, poutine gravy and sweet garlic sauce. **11.95**

Traditional

Skin on crispy fries, rich poutine gravy and topped with Montréal cheese curds. **9.95**

Italian

French fries, poutine gravy, cheese curds, topped with tomato sauce. **10.95**



Wet Your Whistle

Italian Sodas

Sparkling water with your choice of sweet syrup. Ask your server for our current selection. **4.95**

Blueberry Ginger Julep

Blueberry juice, ginger beer, lime juice and mint. **4.95**

Juices

Orange, apple, tomato, Clamato, pineapple or cranberry. **2.45**

The Lemonade Stand

Choose from strawberry, violet or blueberry Lemonade. **4.95**

Bottomless Soft Drinks

Ask your server for current selection. **3.45**

Bubly

Ask your server for current selection. **3.95**

Sparkling or Still Water

Ask your server for current selection. **3.95**

Red Bull

Ask your server for current selection. **3.45**

Non-Alcoholic Beer

3.45

Propeller Brewing Co.

Ginger Beer **4.45**

The Coffee Bar

Coffee

Regular & Decaf **2.45**

Espresso

Single **2.95** Double **3.95**

Cappuccino

4.45

Latte

4.45

Americano

3.45

Café Mocha

4.45

Flat White

3.75

Hot Chocolate

2.75

Tea

2.45

Specialty Tea

Ask your server for current selection. **2.95**

Add a Flavour Shot

Ask your server for current selection. **1.00**

Belly Warmers

Caffe Amaretto (1oz)

Disaronno Amaretto almond liquor. **7.95**

Irish Coffee (1oz)

Jameson's Irish Whiskey and Bailey's Irish Cream. **7.95**

After 8 O'clock (1oz)

Coldstream Candy Cane vodka and Coldstream Rum Cream. **7.95**

The Nutty Italiano (1oz)

Frangelico hazelnut liqueur and Coldstream Rum Cream. **7.95**



A HISTORY AS RICH AS OUR FLAVOURS.

Welcome to the coolest place to dine. Frank & Gino's recipes come from all over the world, but often with just a hint of good old Atlantic Canadian flavours. Frank's lip-smackin' grill house meals and Gino's traditional Italian recipes make Frank & Gino's a unique experience. We're not a fan of franchise style freezer to oven meals. We make most of our recipes and sauces right here on site, by hand, the old fashioned way. We like to think of Frank & Gino's as a bit of the old world meeting the new world. And, that's why people **love** it here.

Get comfortable. Look around. We hope you see something interesting, old, local, amusing or...just plain odd.

It's the mystery of Frank & Gino's. Every visit is a different experience.

We hope you'll be back.

